

Let's see what's for lunch...

Allergen Information

Please note that all meat dishes are available as both halal and non halal, the allergens remain the same for both options.

Meat Free Monday

Main Meals
Mediterranean Wrap topped with a Rich Tomato & Mozzarella Sauce (G,MK) with Hand Cut Potato Wedges V

Roasted Sweet Potato & Spinach Cannelloni topped with Creamy Cheddar Sauce (G,e,MK) V

Jacket Potato with Baked Beans, Tuna Mayonnaise (E,F) or Grated Cheese (MK)

Vegetables
Carrots & Garden Peas V

Dessert
Spiced Apple & Honey Oaty Crumble (G,mk) with Custard (MK) V

Homemade Mousse (MK) V

Tuesday

Main Meals
Slow Cooked Beef Masala Curry (SO,MK,MU) with Turmeric Infused Rice

Courgette Layered Lasagne (G,MK) with a Garlic Bread Shard (G,e,SO,MK) V

Pasta (G) with Cheese Sauce (G,MK) V

Vegetables
Green Beans & Sweetcorn V

Dessert
Jam Sponge (G,E,mk,SU) with Custard (MK) V

Jelly V

Wednesday

Main Meals
Lemon & Thyme Roasted Chicken & Stuffing (G) with Roast Potatoes

Roasted Cherry Tomato, Egg & Broccoli Tart (G,E,MK) with Roast Potatoes V

Wholemeal Pasta (G) with Beef Bolognese Sauce

Vegetables
Roasted Seasonal Root Vegetables & Savoy Cabbage V

Dessert
Chocolate & Pear Sponge (G,E,mk) with Chocolate Custard (MK) V

Homemade Mousse (MK) V

Thursday

Main Meals
Chicken Sausages with Mashed Potato (MK), Sage & Red Onion Gravy in a Yorkshire Pudding (G,E,MK)

Butterbean & Mushroom Stroganoff (MK) with Pearl Barley Rice (G) V

Jacket Potato with Baked Beans or Grated Cheese (MK) V

Vegetables
BBQ Smoky Beans & Carrots V

Dessert
Cinnamon & Apple Shortcrust Pastry Pie (G,MK) with Vanilla Ice Cream (MK) V

Jelly V

Friday

Main Meals
Fish Fingers (G,F) & Chips with Tartar Sauce (G,E,SU)

Cheddar & Onion Swirl (G,MK) with Chips V

Jacket Potato with Baked Beans or Grated Cheese (MK) V

Vegetables
Baked Beans & Garden Peas V

Dessert
Vanilla Shortbread Biscuit (G) V

Homemade Mousse (MK) V

Available Every Day

Salad Bar

- 12 Mexican Mixed Bean & Pasta Salad (G) V
- Traditional Potato Salad (E) V
- Asian Noodle Coleslaw (G,SO,E) V
- 13 Sweet Chilli Watermelon & Mint Salad V
- Grated Carrot, Cucumber Sticks, Sweetcorn,
- Mixed Leaf & Tomato Salad V

Freshly Baked Bread

- 14 Pumpkin & Carrot (G,SO,MK,e) V
- Wholemeal (G,SO,MK,e) V

Dessert

- Fresh Fruit Platter V
- Homemade Yoghurt (MK,SO) V

Week 1: 29 Oct, 19 Nov, 10 Dec, 31 Dec, 21 Jan, 11 Feb, 4 Mar, 25 Mar

Meat Free Monday

Main Meals
Cheese & Tomato Pizza (G,MK) with Hand Cut Potato Wedges V

Balsamic Roasted Tomato, Basil & Pasta Bake Glazed with Mozzarella (G,MK,SU) V

Jacket Potato with Baked Beans, Tuna Mayonnaise (E,F) or Grated Cheese (MK)

Vegetables
Boston Baked Beans & Sweetcorn V

Dessert
Caramelised Apple & Plum Crumble (G,mk) with Custard (MK) V

Homemade Mousse (MK) V

Tuesday

Main Meals
Mild Chilli Beef Taco (g,MK) & Minted Yoghurt (MK) with Chunky Tomato Salsa Salad

Chargrilled Spicy Fajitas (G,SO) with Mexican Rice V

Pasta (G) with Beef Bolognese Sauce

Vegetables
Green Beans & Kachumber Salad V

Dessert
Carrot Cake (G,E,mk) with Custard (MK) V

Jelly V

Wednesday

Main Meals
Honey & Paprika Roast Chicken with Roast Potatoes

15 Five Bean & Barley Cassoulet (G) with Fresh Herb Dumplings (G,mk) V

Wholemeal Pasta (G) with Tomato & Basil Sauce & Grated Cheese (MK) V

Vegetables
Roasted Seasonal Root Vegetables & Garden Peas V

Dessert
Marbled Chocolate Sponge (G,E,mk) with Chocolate Custard (MK) V

Homemade Mousse (MK) V

Thursday

Main Meals
Farm Assured Beef Lasagne (G,MK) with a Garlic Bread Shard (G,e,SO,MK)

Mild Chilli Taco (G,MK,SO) & Minted Yoghurt (MK) with Chunky Tomato Salsa Salad V

Jacket Potato with Baked Beans or Grated Cheese (MK) V

Vegetables
Carrots & Broccoli V

Dessert
Red Cherry & Apple Shortcrust Pastry Pie (G,mk) with Vanilla Ice Cream (MK) V

Jelly V

Friday

Main Meals
Battered Cod (G,F) & Chips with Tartar Sauce(G,E,SU)

Free Range Egg, Cheese & Vegetable Frittata (E,MK) with Chips V

Jacket Potato with Baked Beans, Grated Cheese (MK) or Salmon Mayonnaise (E,F)

Vegetables
Baked Beans & Garden Peas V

Dessert
Chocolate & Beetroot Brownie (G,E,mk) V

Homemade Mousse (MK) V

Available Every Day

Salad Bar

- 12 Mediterranean Orzo Pasta & Barley Salad (G) V
- Crunchy Apple & Potato Salad (E) V
- Red Cabbage & Pineapple Slaw (E) V
- 13 Spinach, Basil & Tomato Quinoa Salad (G,MU) V
- Grated Carrot, Cucumber Sticks, Sweetcorn,
- Mixed Leaf & Tomato Salad V

Freshly Baked Bread

- 14 Cheesy Oat, Courgette & Thyme (G,SO,MK,e) V
- Wholemeal (G,SO,MK,e) V

Dessert

- Fresh Fruit Platter V
- Homemade Yoghurt (MK,SO) V

Week 2: 5 Nov, 26 Nov, 17 Dec, 7 Jan, 28 Jan, 18 Feb, 11 Mar, 1 Apr

Meat Free Monday

Main Meals
Vegetarian Bolognese Sauce (G,SO) with Herby Spaghetti (G,mk) V

Red Lentil & Cheese Loaf (G,E,SO,se,MK) with a Rich Tomato Sauce & Hand Cut Potato Wedges V

Jacket Potato with Baked Beans, Tuna Mayonnaise (E,F) or Grated Cheese (MK)

Vegetables
Broccoli & Carrots V

Dessert
Poached Pear & Apple Crumble (G,mk) with Custard (MK) V

Jelly V

Tuesday

Main Meals
Chargrilled Spicy Chicken Fajitas (G) with Mexican Rice

Linda McCartney Sausages (G,SO,SU) with Mashed Potato (MK) & Caramelised Red Onion Gravy in a Yorkshire Pudding (G,E,MK) V

Pasta (G) with Tomato & Basil Sauce & Grated Cheese (MK) V

Vegetables
Mixed Peas & Sweetcorn V

Dessert
Sticky Toffee Pudding (G,E,MK) with Custard (MK) V

Homemade Mousse (MK) V

Wednesday

Main Meals
Roast Turkey, Stuffing (G) & Bread Sauce (G,MK,SO,se) with Roast Potatoes

Rosemary, Feta & Pepper Quiche (G,E,MK) with Roast Potatoes V

Wholemeal Pasta (G) with Cheese Sauce (G,MK) V

Vegetables
Roasted Seasonal Root Vegetables & Curly Kale V

Dessert
Warm Waffle (G,E,SO,MK) with Chocolate Custard (MK) V

Jelly V

Thursday

Main Meals
Classic British Beef Burger (G,E,SO,se,SU,C) with Hand Cut Potato Wedges

15 Sweet & Spiced Potato & Chickpea Keralan Curry (MU) with Lemon Infused Rice V

Jacket Potato with Baked Beans or Grated Cheese (MK) V

Vegetables
Carrots, Cauliflower & Green Beans V

Dessert
Apple & Blackcurrant Shortcrust Pastry Pie (G,mk) with Vanilla Ice Cream (MK) V

Homemade Mousse (MK) V

Friday

Main Meals
Fish Fingers (G,F) & Chips with Tartar Sauce (G,E,SU)

BBQ Pulled Carrot & Bean Slider with Mozzarella Cheese (G,se,MK) V

Jacket Potato with Baked Beans or Grated Cheese (MK) V

Vegetables
Baked Beans & Garden Peas V

Dessert
Baked Banana Flapjack (G,mk) V

Jelly V

Available Every Day

Salad Bar

- Tomato & Basil Pasta Salad (G) V
- 12 Sweet Potato & Chickpea Pesto Salad (MK) V
- Traditional Coleslaw (E) V
- 13 Giant Cous Cous with Feta Cheese & Mint (G,MK,MU) V
- Grated Carrot, Cucumber Sticks, Sweetcorn,
- Mixed Leaf & Tomato Salad V

Freshly Baked Bread

- 14 Sunflower, Rosemary & Tomato (G,SO,MK,e) V
- Wholemeal (G,SO,MK,e) V

Dessert

- Fresh Fruit Platter V
- Homemade Yoghurt (MK,SO) V

Week 3: 12 Nov, 3 Dec, 24 Dec, 14 Jan, 4 Feb, 25 Feb, 18 Mar