



PSHE at Pinner Wood

	Year 1	Year 4
Drug & Alcohol Education Curriculum Overview	Year 2	Year 5
	Year 3	Year 6
Year 1 Medicines and People Who Help Us	Lesson 1: Staying Healthy Lesson 2: Medicines Lesson 3: Who gives us medicines?	
Year 2 Keeping Safe	Lesson 1: Risk Lesson 2: Hazardous Substances Lesson 3: Safety Rules	
Year 3 Smoking	Lesson 1: Why People Smoke Lesson 2: Physical Effects of Smoking Lesson 3: Smoking and Society	
Year 4 Alcohol	Lesson 1: Effects of Alcohol Lesson 2: Alcohol and Risk Lesson 3: Limits to Drinking Alcohol	
Year 5 Legal and Illegal Drugs	Lesson 1: Legal and Illegal Drugs Lesson 2: Attitudes to Drugs Lesson 3: Peer Pressure	
Year 6 Preventing Early Use	Lesson 1: Cannabis Lesson 2: VSA and Getting Help Lesson 3: Help, Advice and Support	



Pinner Wood School

The Pinner Wood ethos

At Pinner Wood we care a great deal about our pupils.

PSHE may be taught as weekly lessons but the overall ethos of the school means that we try to 'practise what we preach' in every aspect of school life.

We value children feeling safe, confident and happy to be at our school and do all we can to ensure this both in and out of lessons.



PSHE at Pinner Wood

At Pinner Wood there are a number of different resources that we use to ensure a quality PSHE curriculum.

These resources are:

- SEAL (Social and Emotional Aspects of Learning)
- The Christopher Winter Project
- Go Givers
- PANTS initiative from the NSPCC



SEAL

(Social and Emotional Aspects of Learning)

SEAL is the main body of our PSHE curriculum. It is a scheme of work used as part of the old National Curriculum, however it is a high quality scheme and written by experts including people such as Jenny Mosley whose model we also use for Circle Time.

SEAL consists of 7 modules and one is studied per half term.

The modules are set out below.

- Autumn 1 - 'New beginnings'
- Autumn 2 - 'Say no to bullying' and 'Getting on and Falling Out'
- Spring 1 - 'Going for Goals'
- Spring 2 - 'Good to be me'
- Summer 1 - 'Relationships'
- Summer 2 - 'Changes'



SEAL

(Social and Emotional Aspects of Learning)

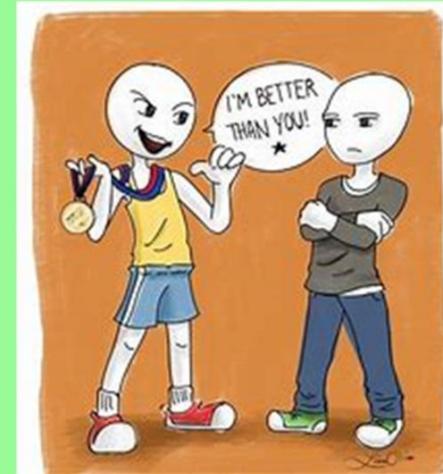
LO: I can tell the difference between showing I am proud and boasting.

Proud and Boastful

I know that boasting can make other people feel inadequate or useless.

Sometimes people talk about things they have got or have done (even when they haven't) in a boastful way. Sometimes people do this to try to make other people feel jealous, to make other people admire them or to make themselves feel better.

What do you think the difference is between boasting and being proud of something you have done? Can you come up with a definition of both 'boasting' and 'being proud' with your partner? You have two minutes.



Here is an example of a lesson based on the SEAL module of 'Good to be me'



The Christopher Winter Project

Pinner Wood uses The Christopher Winter Project for Drugs and Alcohol and SRE (Sex and Relationships Education).

This resource is award winning and recommended by the PSHE Association which is why we selected it as a school.

Drugs and Alcohol is taught during the first half of the Summer term and SRE is taught during the second half of the Summer term. It is used from Reception onwards for SRE and from Year 1 for Drugs and Alcohol.

There will be another coffee afternoon about SRE on Thursday 24th May 2018.



The Christopher Winter Project

	reception	year 1	year 2	year 3	year 4	year 5	year 6
CWP Curriculum Overview							
Reception Our Lives	Lesson 1: Our Day	Lesson 2: Keeping Ourselves Clean	Lesson 3: Families				
Year 1 Growing and Caring For Ourselves	Lesson 1: Keeping Clean	Lesson 2: Growing and Changing	Lesson 3: Families and Care				
Year 2 Differences	Lesson 1: Differences: Boys and Girls	Lesson 2: Differences: Male and Female	Lesson 3: Naming the Body Parts				
Year 3 Valuing Difference and Keeping Safe	Lesson 1: Differences: Male and Female	Lesson 2: Personal Space	Lesson 3: Family Differences				
Year 4 Growing Up	Lesson 1: Growing and Changing	Lesson 2: What is Puberty?	Lesson 3: Puberty Changes and Reproduction				
Year 5 Puberty	Lesson 1: Talking about Puberty	Lesson 2: Male and Female Changes	Lesson 3: Puberty and Hygiene				
Year 6 Puberty, Relationships and Reproduction	Lesson 1: Puberty and Reproduction	Lesson 2: Understanding Relationships	Lesson 3: Conception and Pregnancy	Lesson 4: Communicating in Relationships			

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Go Givers

Go Givers is a scheme we have bought in to teach Citizenship, which incorporates SMSC (Spiritual, Moral, Social and Cultural) development and British Values.

The lessons are taught using a story telling powerpoint (which the kids love!) and are all about how to be a respectful citizen of Britain.

According to Ofsted, British values are:

- democracy
- the rule of law
- individual liberty
- mutual respect for and tolerance of those with different faiths and beliefs and for those without faith

Citizenship is also covered through assemblies done by SLT.



INDIVIDUALS
ENGAGING IN
SOCIETY

Citizenship Foundation



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www.gogivers.org



Pinner Wood School

PANTS

Starting this year, we are also going to be including one lesson a year about the PANTS initiative from the NSPCC. It is a scheme invented to help children understand how to protect themselves from abuse.

PANTS stands for:

Privates are private
Always remember your body belongs to you
No means no
Talk about secrets that upset you
Speak up, someone can help



<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



Circle Time

Once a week every class has Circle Time. This is a half hour session where the class get a chance to reconnect together and share and solve any issues they have.

The sessions include circle games to break the ice with the children, following by a discussion based on the class' needs and finish with a game so that any tensions are broken and the children end the session feeling happy and safe.



Thank you for coming!

Are there any questions?

