



Pinner Wood School



Year Group	2	Term	Summer 1	Subject	Outdoor P.E.	Outdoor Topic & Learning Focus	Real PE Unit 5:Applying physical skills (Coordination and agility)
Prior Learning and other Curriculum Links	<p align="center"><u>Real PE</u> Unit 5:Applying physical skills (Coordination and agility)</p> <ul style="list-style-type: none"> • Balance: Jump from 2 feet to 2 feet forwards, backwards and side to side, including moving along a line keeping balance on both legs. • Coordination: Side step, gallop hop and skip with fluency and control, roll a ball along floor and around and up and down body (1 and 2 handed), roll a large and small ball and collect rebound with 2 hands. • Dance: Create shapes using body, move to a beat, create shapes with partner, create circles with parts of body, move body to beat, turns between shapes and floor beginning. <p>Gymnastics: Know tuck, star, straddle, straight and pike and use these on floor and low apparatus</p>				Target Tracker statements (Skills)	<ul style="list-style-type: none"> - I can throw a tennis ball and catch it with the same hand after 1 bounce. - I can throw a tennis ball and catch it with the same hand without a bounce. - I can throw a tennis ball and catch it with the other hand after 1 bounce. - I can throw a tennis ball and catch it with the other hand without a bounce. - I can strike a large, soft ball along the ground with my hand 5 times in a rally. - I can react quickly and catch a tennis ball dropped from shoulder height after 1 bounce. 	
Fundamentals For	<ul style="list-style-type: none"> • Coordination: Throw tennis ball and catch rebound with both hands after 1 or no bounce. Strike ball with hand along ground in rally. • Balance: Jump from 2 feet to 2 feet with quarter turn, including moving along a line. Keeping balance on both legs whilst lifting knees to 90° and heel to bottom. Be able to move cone from one side of body to other while maintain balance. 						
Key Vocabulary (revisited)	Travel Stillness Body parts Own space				Key Vocabulary (new)	Controlling Shape Stretch Wide	

	Team Passing Forwards Backwards Sideways Roll Slow		Narrow Striking Levels Overarm throw
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