



Pinner Wood School



Year Group	1	Term	Summer 1	Subject	Real PE	Topic	Unit 5: Applying physical skills (Coordination, Dynamic & applying physical skills)
						Key Question	How do I use coordination and skills to respond to actions
Prior Learning and other Curriculum Links	<p>EYFS: Balance: Exploring the hall without bumping into one another, spatial awareness and the understanding of why we teach people, children use bean bags to balance on their body and use this skill to thrown to another partner.</p> <p>Year 1 - I can jump from 2 feet to 2 feet forwards, backwards and side to side - I can sit and roll a ball along the floor around my body using 2 hands. - I can sit and roll a ball along the floor around my body using 1 hand (right and left). - I can sit and roll a ball down to my toes and back up, then around my upper body using 2 hands. - I can stand and roll a ball down to my toes and back up, then round my upper body using 2 hands. - I can sit holding hands with toes touching, lean in together then apart. - I can sit holding 1 hand with toes touching, lean in together then apart. - I can sit holding hands with toes touching and rock forwards, backwards and side-to-side.</p>					Skills statements	<ul style="list-style-type: none"> - I can roll a large ball and collect the rebound. - I can roll a small ball and collect the rebound. - I can throw a large ball and catch the rebound with 2 hands. - I can react and catch a large ball dropped from shoulder height after 2 bounces. - I can react and catch a large ball dropped from shoulder height after 1 bounce.
Fundamentals	<p>Balance: Jump from 2 feet to 2 feet forwards, backwards and side to side, including moving along a line keeping balance on both legs.</p> <p>Coordination: Side step, gallop hop and skip with fluency and control, roll a ball along floor and around and up and down body (1 and 2 handed), roll a large and small ball and collect rebound with 2 hands.</p>					Key Facts/Sticky Knowledge	<ul style="list-style-type: none"> • Using two hands to control moving the ball around my body • Using one hand to control moving the ball around my body • How to balance together with a partner

Our Curriculum Journey	<p>Journey: Children will be told the story of John and Jasmine who are going to the Summer Festival to try different activities including circus skills. The children will practice their own circus skills such as juggling, walking forwards and backwards along a line.</p> <p>Children will practice and develop a range of ball skills focusing on sending and receiving. This include rolling and throwing a ball and collecting at a rebound, throwing a ball and then catching it with the same hand and other hand including with 1 bounce and with no bounce. Some children will develop to striking a ball with a hand and kicking a ball with same or alternate foot. They will apply these skills to a range of games.</p> <p>In the second part of the unit children will visit fairyland where using a range of distances and ball sizes, they will react and catch a ball dropped from shoulder height after 2 bounces and ball dropped from shoulder height after 1 bounce. Some children will develop these skills to catching a tennis ball dropped from shoulder height after 1 bounce and balancing on 1 leg.</p>		
Key Vocabulary (revisited)	Direction Travel Stillness Body parts Own space Balance	Key Vocabulary (new)	Stillness Body parts Own space Team Passing Forwards Backwards Sideways Roll Slow

