



RRHE at Pinner Wood



Pinner Wood School



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Our aims today:

- To explain what is included in the Relationships, Reproduction and Health Education (RRHE) curriculum
- To reassure that all the content is age appropriate
- To ensure understanding of the importance of this education.





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New statutory status of Relationships & Health Education

In February 2019 the government published new guidance which stated that, as of September 2020, Relationships Education and Health Education became compulsory, meaning that it is now the law for it to be taught in primary schools. Sex Education is still not compulsory in primary schools and therefore parents still have a right to withdraw from lessons where the learning objective is about conception. More details about this will be in the slides later on.



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A brief history

After being told that Relationships and Health Education was to become compulsory in September 2020 we set to work making sure the school's curriculum was suitable. This included considering new PSHE resources and we eventually chose Jigsaw PSHE. We also held a consultation with parents, staff and governors in October 2019 so that we could hear the opinions and suggestions from our school community and built that in to what we now deliver for PSHE and RRHE at Pinner Wood.



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Why has Pinner Wood chosen Jigsaw?

- Meets the statutory requirements
- Age appropriate
- Highly recommended by other schools



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The Science Curriculum (also statutory)

- identify, name, draw and label the basic parts of the human body
- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals.





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Why is RRHE so important?

Safeguarding

If children learn how to develop safe and respectful relationships with the people around them then they can keep themselves safe. If they also know the correct scientific names for the private parts then, should the worst happen, they have the correct vocabulary to help explain their situation.





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Why is RRHE so important?

Self esteem

Children begin to compare themselves from a very early age. The fact that they are different from others can be difficult for them so they need to know why they are different and that it is OK to be unique.





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What do they learn about?

- Hygiene
- Growing
- Families
- Naming the body parts
- Differences between males and females
- Personal space
- Puberty
- Reproduction
- Conception and pregnancy





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At what age do they learn each topic?

Age Group	Relationships	Changing Me
Ages 3-5 (F1-F2)	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Ages 6-7	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Ages 7-8	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition

Age Group	Relationships	Changing Me
Ages 8-9	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change
Ages 9-10	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMART internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
Ages 10-11	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition

Full details can be found on the school website



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When is it taught?

The Summer term, as this is where it is placed within the Jigsaw timetable, most notably because it covers the transition to the next year. It is also the time when the children are most mature within their age group.





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How it is taught?

- Safe environment - every comment is valued.
- Circle time boxes/'Ask it Baskets' used for privacy.
- Factual - all scientifically delivered.
- All resources are age appropriate and based around cartoons.
- Children only see the resources from Jigsaw. Teachers are not permitted to change anything.
- Boys and girls will be taught their lessons together this year. A trial run was done in Year 5 and 6 in the Autumn term of 2020 with period lessons and it was a huge success!



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What will my children see?

- All content is taught through pictures, cartoons and diagrams.
- If you have any concerns about what your child will learn please speak to your class teacher. Due to Jigsaw copyright restrictions, we are not allowed to print out or email lesson content, however there is information on the school website and, upon request, your class teachers can send out year group overviews to parents via Seesaw.





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We also include one lesson a year about the PANTS initiative from the NSPCC. It is a scheme invented to help children understand how to protect themselves from abuse.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



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Additional information

- If a child asks an age inappropriate question then your teacher will acknowledge it as a good question and then discuss the question with you.
- RRHE is about educating and not promoting anything.
- Children are told not to share what they have learned with younger children or siblings in order to keep the scheme age appropriate.





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Right to withdraw

As mentioned previously, all parts of the Science, Health and Relationships Education curriculum are statutory. This means that children are NOT allowed by law to be withdrawn from these lessons.

However, Sex Education remains non compulsory in primary schools meaning parents still have the right to withdraw their children from any lessons where the learning objective is about human conception.





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Right to withdraw

There are only 3 lessons in the entire curriculum which come under that criteria and they are as follows.

- **Year 4**
- Changing Me - Lesson 2

- **Year 5**
- Changing Me - Lesson 4

- **Year 6**
- Changing Me - Lesson 3





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Right to withdraw

If you do not want your child to take part in those lessons you will need to make your request in writing to Miss Marriott before the lesson is taught. You will be then be offered a meeting with Miss Marriott to discuss your concerns. If, after the meeting, you still do not want your child to be included in the lesson, your child's teacher will be informed and they will ensure your child is given a different task outside of the classroom.





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Where can I find more information?

The school website:

- Jigsaw information leaflet for parents and carers
- Jigsaw curriculum snapshot
- RSHE - a guide for parents and carers
- Jigsaw LGBT parent leaflet
- Pinner Wood RRHE policy

Seesaw:

- Upon request, teachers can send out specific year group overviews from Jigsaw.





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Thank you for coming!

Do you have any questions?

