

## Further on into the school year

In May 2024, the whole school took part in a special Kindness Day which linked to the project. Every class in the school, from Nursery to Year 6, learnt all about kindness and completed different activities. Some of the Year 5 Happiness Ambassadors were visited each class in the school to work with the children and spread their positivity message.

## Acts of kindness in our local community

Year 5 went out into the local community to do some good deeds! Here are some of the things they got up too.

- \*Visited a local preschool to play games and read stories with the little children
- \*Went on a litter pick around the local area
- \*Baked cookies and delivered them to local businesses on Pinner High Street
- \*Made rice krispie cakes and gave them out to parents and carers at pick up
- \*Visited a local care home to play board games with the residents
- \*Made and delivered positive affirmation postcards and posted them through local residents doors



## What was the end result?

In July 2024, there was a special celebration event for all the Year 5 schools that had taken part in the project at The Kadwa Patidar Centre. Each school shared the key messages they had learnt about and embedded in their school. Work they had completed and tasks they had undertaken were displayed on project boards for all to see. They also shared the impact the Happy Harrow project had on themselves, their families and their schools. Year 5 are now all Happiness Ambassadors and are continuing to spread their positivity throughout the school, their homes and wider communities! They have learnt strategies to help maintain a positive and healthy mindset and more importantly, they have learnt ways to help them cope when things do not go as expected. We look forward to repeating the project this year with our current Year 5s this year!

