

Let's see what's for lunch...

Week 1

	Main Meals	Served With
Monday	Vegan Burrito Vegan Bolognese with Spaghetti Baked Jackets with Grated Cheese	Peas & Broccoli Dessert Maryland Cookie
Tuesday	BBQ Chicken Pizza with Baked Wedges Halal BBQ Chicken Pizza with Baked Wedges Margherita Pizza with Baked Wedges Pasta & Tomato Sauce	Carrots & Sweetcorn Dessert Apple Crumble with Custard
Wednesday	Roast Chicken with Roast Potatoes & Gravy Halal Roast Chicken with Roast Potatoes & Gravy Squash & Lentil Lasagne Baked Jackets with Baked Beans	Seasonal Greens & Cauliflower Dessert Cherry Cornflake Cake
Thursday	Lamb Chilli Con Carne with Steamed Rice Halal Lamb Chilli Con Carne with Steamed Rice Vegan Bean Chilli with Steamed Rice Pasta & Tomato Sauce	Broccoli & Carrots Dessert Chocolate & Pear Sponge
Friday	Breaded Fish Fingers with Chips & Ketchup Vegan Goujons with Chips & Ketchup Baked Jackets with Grated Cheese	Peas & Baked Beans Dessert Banana Flapjack

Freshly Baked Bread:
Carrot & Beetroot or Wholemeal Bread

Week 1:
27th May, 17th June, 8th July, 2nd Sept, 23rd Sept, 14th Oct,
4th Nov, 25th Nov, 16th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

	Main Meals	Served With
Monday	Cauliflower Cheese with Mashed Potato & Gravy Vegan Sausage with Mashed Potato & Gravy Pasta & Tomato Sauce	Sweetcorn & Baked Beans Dessert Chocolate Rice Krispie Cake
Tuesday	Chicken & Sweetcorn Pasta Halal Chicken & Sweetcorn Pasta Vegan Tomato & Mixed Bean Sauce with Fusilli Baked Jackets with Grated Cheese	Carrots & Broccoli Dessert Mandarin Jelly
Wednesday	Roast Turkey with Roast Potatoes & Gravy Halal Roast Turkey with Roast Potatoes & Gravy Sweet Chilli Stir-fry Mushroom & Vegetable Noodles Wholewheat Pasta & Tomato Sauce	Seasonal Greens & Peas Dessert Vanilla Ice Cream
Thursday	Mild Chicken & Vegetable Curry with Steamed Rice Halal Mild Chicken & Vegetable Curry with Steamed Rice Vegan Caribbean Vegetable Curry with Wraps Baked Jackets with Baked Beans or Salmon Mayonnaise	Carrots & Sweetcorn Dessert Apple & Carrot Flapjack
Friday	Breaded Fish Fingers with Chips & Ketchup Vegan Fajita Wrap with Chips & Ketchup Pasta & Tomato Sauce	Peas & Baked Beans Dessert Lemon Drizzle Sponge

Freshly Baked Bread:
Garlic & Herb or Wholemeal Bread

Week 2:
3rd June, 24th June, 15th July, 9th Sept, 30th Sept, 21st Oct,
11th Nov, 2nd Dec

Week 3

	Main Meals	Served With
Monday	Vegan Cottage Pie Vegan Roasted Ratatouille with Penne Baked Jackets with Grated Cheese	Carrots & Broccoli Dessert Orange Shortbread Biscuit
Tuesday	Fajita Spiced Turkey & Vegetables with Steamed Rice Halal Fajita Spiced Turkey & Vegetables with Steamed Rice Vegan Burrito Pasta & Tomato Sauce	Sweetcorn & Coleslaw Dessert Carrot Cake
Wednesday	Herby Roast Chicken with Roast Potatoes & Gravy Halal Herby Roast Chicken with Roast Potatoes & Gravy Mac n' Cheese Baked Jackets with Baked Beans	Seasonal Greens & Broccoli Dessert Chocolate & Beetroot Brownie
Thursday	Shepherds Pie Topped with Sweet Potato Mash Halal Shepherds Pie Topped with Sweet Potato Mash Vegan Chickpea & Spinach Korma with Steamed Rice Pasta & Tomato Sauce	Cauliflower & Carrots Dessert Vanilla Ice Cream
Friday	Breaded Fish Fingers with Chips & Ketchup Vegan Bubble & Squeak with Chips & Ketchup Baked Jackets with Grated Cheese	Peas & Baked Beans Dessert Apple & Parsnip Cake

Freshly Baked Bread:
Courgette & Tomato or Wholemeal Bread

Week 3:
10th June, 1st July, 22nd July, 16th Sept, 7th Oct, 28th Oct,
18th Nov, 9th Dec

BM3 HalalNonMFMPinnerWood
May 2024

All products are subject to availability

pabulum
HONESTLY GOOD FOOD

