

Reception - Knowledge Organiser

Key Vocabulary

- Food
- Healthy/Unhealthy
- Fruit/Vegetables
- Different cultures
- Celebrations
- Fairtrade
- Ingredients
- Recipes



Food

Spring 1 2024



Activities to Try

Go on a picnic with your family and a healthy packed lunch.

Can you make your own fruit or vegetable kebab?

Write your own recipe for your favourite food and share on Tapestry.

Key Questions

What is your favourite food?

What does your family like to eat?

Which foods are healthy?

Why is it important to eat healthily?

Where does my food come from?

Which foods are important to celebrations and traditions?

How does food affect our teeth?

Texts we will read

The Gruffalo

The Little Red Hen

The Birthday Invitation

Amy and the Patchwork Dragon

Amy and the Perfect Bao

And other non-fiction books

Molly's Dentist

Family Links:

Can you make a picture using different fruits and vegetables to share on Tapestry.

Some website to look at:

1. Cooking like a chef:

<https://www.bbcgoodfood.com/recipes/collection/kids-cooking-recipes>

2. Vegetable song (The Singing Walrus)

<https://www.youtube.com/watch?v=RE5tvaveVak>